



Camp Born This Way

Packing List

Camp can be hot during the day and cool at night; days may be in the 90s and nights can be in the 50s, so make sure to include some warm clothes. We will hope for no rain but it is always a possibility. **It is important that everyone keep hydrated all the time in order to prevent dehydration. Due to the rocky ground, only closed-toe shoes will be allowed except when at the shower or the pool—please make sure sneakers fully cover the foot!**

Pack only what you need!

Please note: laundry will not be available during camp.

Please let us know if providing any of these items presents a financial hardship and we will do our best to provide assistance. Thank you!

- 4 pair of underwear
- 4 pair of socks
- 4 t-shirts to wear during the day
- 3 long sleeve shirts to wear in the evening
- 1 sweatshirt or fleece
- 4 pair of shorts
- 1-2 pair long pants
- 1 lightweight raincoat or poncho
- 1 pair sneakers
- 1 pair flip flops/sandals

- 1 beach/swimming towel
- medication (must be administered by parent or guardian)
- toothbrush and toothpaste
- soap & shampoo/conditioner in shower caddy
- sunscreen
- bug spray
- hairbrush
- deodorant
- prescription glasses/contact lenses & solution
- dress up (fun or formal) clothes for one dinner. This is completely optional.
- pajamas
- flashlight
- large water bottle (EXTREMELY IMPORTANT!!!)
- hat
- dirty laundry bag
- small personal fan (optional)
- sunglasses (optional)

This list should be used for each family member attending camp.

*Cell phones, computers, video game systems, and other electronic devices are highly discouraged at camp with the exception of iPods or other music. iPods (or similar) may be brought to camp at the camper's own risk. We encourage speakers for iPods or other musical devices so that campers may enjoy music together in their bunks. Cameras are welcome but folks should consider other people's privacy when taking photos. A CD of photos will be shared with all families at end of camp.